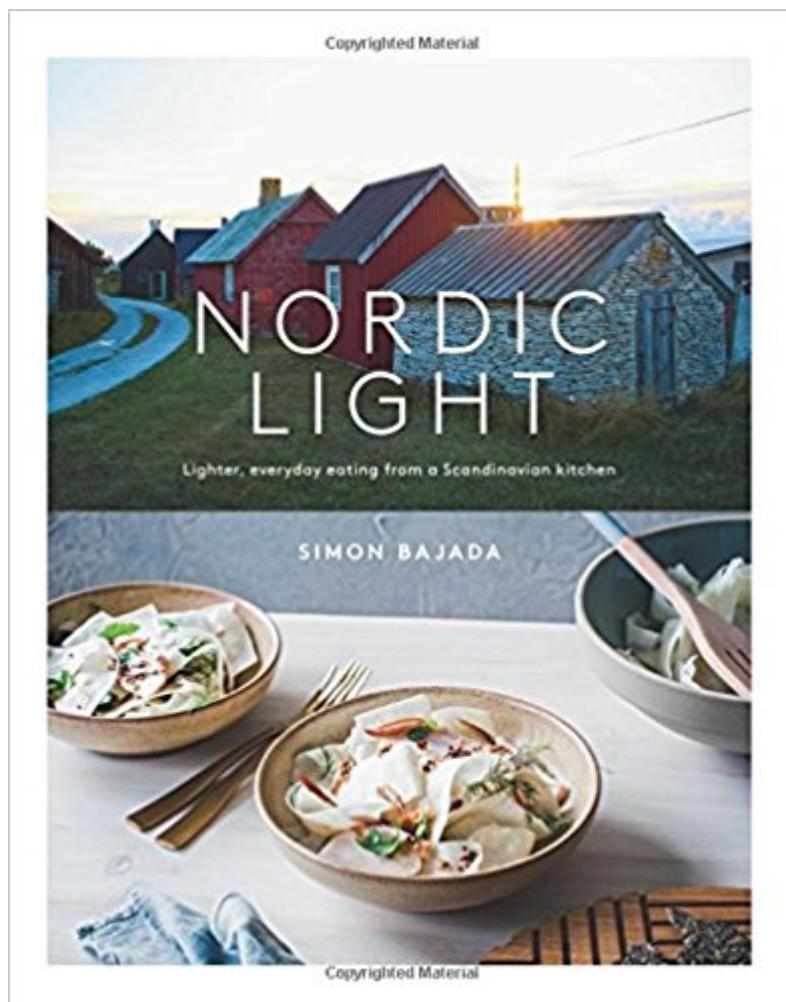


The book was found

Nordic Light: Lighter, Everyday Eating From A Scandinavian Kitchen



Synopsis

Wholesome Scandinavian recipes with a healthy, modern twistPresenting a new angle to the trends in Scandinavian recipes and techniques, Nordic Light shies away from the classics and instead presents lighter, cleaner, and modern recipes. Focusing on seasonal fresh produce and vegetables, Simon prepares dishes with clever touches to make them interesting and diverse in our daily diet. Putting a Nordic twist on food from all cuisines, recipes include rye crêpes with banana and salted caramel; flourless almond tea fiber balls rolled in pollen and hemp; Icelandic flatbread served with cashew cream and caviar; flourless matcha millet and blueberry buns; kelp noodles, smoked mackerel, radish, elderflower vinaigrette; and many more.Simon's exquisite photography, styling, and design are a standout feature, with incredible landscape shots to denote the changing seasons. Nordic Light will take readers on a delicious Scandinavian journey towards a healthier lifestyle.

Book Information

Hardcover: 224 pages

Publisher: Hardie Grant (August 2, 2016)

Language: English

ISBN-10: 1743791445

ISBN-13: 978-1743791448

Product Dimensions: 8.5 x 1.1 x 10.5 inches

Shipping Weight: 2.3 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ See all reviewsÂ (1 customer review)

Best Sellers Rank: #80,502 in Books (See Top 100 in Books) #11 inÂ Books > Cookbooks, Food & Wine > Regional & International > European > Scandinavian #62 inÂ Books > Arts & Photography > Photography & Video > Travel

Customer Reviews

A beautiful presentation of dishes and photography, so many tasty recipes to try out.

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